

The Wellness Project

SRSC Wellness Counseling Center supporting
frontline medical workers.



FREE COUNSELING SERVICES

Stress • Anxiety • Grief

Schedule an appointment:
SRSCounselingCenter@UTRGV.edu

The School of Rehabilitation Services & Counseling at UTRGV is pleased to announce free, community-focused counseling services at the *SRSC Wellness Counseling Clinic*. Services are available for direct care providers (e.g., nurses, physicians, respiratory therapists, EMTs) who are emotionally impacted by their service to patients with COVID-19 in the Rio Grande Valley. Limited (4-6 sessions) telecounseling will be provided by licensed clinicians.

Counseling will be individually focused; it is anticipated issues related to grief, death and dying, and stress will be common topics in therapeutic sessions. Participants who need extended or more intensive counseling will be referred to appropriate providers.

For more information or special accommodations contact Cameron Ortega at
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