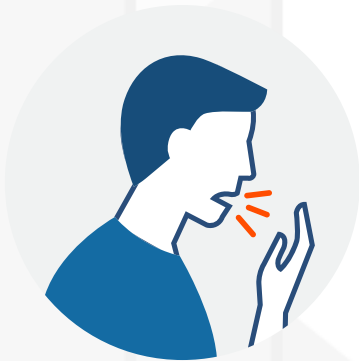


## Commitment to Safety and Success

# What do I do If I'm sick?



### *I have...*

#### **...mild respiratory symptoms:**

- Stay home from work or school. Manage symptoms as you would a cold or mild flu.
- Concerned? Call our UT Health RGV Call Center at **1-833-UTRGVMD** (1-833-887-4863) to speak to our trained staff.



#### **...more severe symptoms or a higher risk for COVID-19 (coronavirus) complications:**

- Call the UT Health RGV Call Center at **1-833-UTRGVMD** (1-833-887-4863) to speak with our trained staff.
- The Call Center can do screening and recommend the most appropriate location for further evaluation or testing as needed.
- A phone screening is required for an appointment and any recommended testing.
- Follow your provider's recommendations regarding testing, isolation, and management of symptoms.



#### **...shortness of breath or noticed my symptoms getting worse after a few days:**

- Call the UT Health RGV Call Center at **1-833-UTRGVMD** (1-833-887-4863). Our Call Center is available from 8:00 a.m. - 5:00 p.m. All calls after 5:00 p.m. are managed by an answering service.
- If you feel your care is urgent, call 911 or go to your nearest emergency room.

## **REMEMBER:**

• **80%** of patients with COVID-19 (coronavirus) will have mild symptoms that can be managed at home.

• Capacity to test for COVID-19 (coronavirus) is improving, but still limited.

• Always call ahead if you have respiratory symptoms before seeing a doctor. This gives the clinic time to prepare for your visit to keep other patients and employees safe while ensuring you get the care you need.

# What do I do If I'm sick?

