What do I do if I’m sick?

I have...

...mild respiratory symptoms:
- Stay home from work or school. Manage symptoms as you would a cold or mild flu.
- Concerned? Visit uthealthrgv.org/coronavirus for more information or call our UT Health RGV Call Center at 1-833-UTRGVMD (1-833-887-4863) to speak to our trained staff.

...more severe symptoms or a higher risk for COVID-19 (coronavirus) complications:
- Visit uthealthrgv.org/coronavirus for more information or call the UT Health RGV Call Center at 1-833-UTRGVMD (1-833-887-4863) to speak with our trained staff.
- The Call Center can do screening and recommend the most appropriate location for further evaluation or testing as needed.
- A phone screening is required for an appointment and any recommended testing.
- Follow your provider’s recommendations regarding testing, isolation, and management of symptoms.

...shortness of breath or noticed my symptoms getting worse after a few days:
- Visit uthealthrgv.org/coronavirus or call the UT Health RGV Call Center at 1-833-UTRGVMD (1-833-877-4863). Our Call Center is available from 8:00 a.m. - 5:00 p.m. All calls after 5:00 p.m. are managed by an answering service.
- If you feel your care is urgent, call 911 or go to your nearest emergency room.

REMEMBER:

- 80% of patients with COVID-19 (coronavirus) will have mild symptoms that can be managed at home.
- Capacity to test for COVID-19 (coronavirus) is improving, but still limited.
- Always call ahead if you have respiratory symptoms before seeing a doctor. This gives the clinic time to prepare for your visit to keep other patients and employees safe while ensuring you get the care you need.
What do I do If I’m sick?

Respiratory Symptoms

- Visit our Website uthealthrgv.org/coronavirus
- Call UT Health RGV at 1-833-UTRGVMD (1-833-877-4863)

Phone Screening Completed by UT Health RGV

Make an Appointment

Schedule for Drive-Thru Screenings

Tele-Provider (Consult with a provider over the phone)